



PILATES CLASS TIMETABLE 2019

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:45AM						PILATES (Mathew) 45mins
10:15AM	PILATES (Mathew) 45mins					
11:15AM				PILATES (Mathew) 45mins		
1:45PM					PILATES (Mathew) 45mins	
2:00PM						
4:30PM			PILATES (Mathew) 45mins		PILATES (Mathew) 45mins	

SCHEDULING CLASS BOOKINGS

phone: (02) 8849 0394 | email: info@activemovement.com.au | online: www.activemovement.com.au/book-now